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Pieter Bruegel  
2.9.50

# A Little Child Shall Lead Them

**Hopeful Parenting in a Confused World**

"This book is beautiful...It is Arnold's reverence for children that I love."

Jonathan Kozol

A LITTLE CHILD  
SHALL LEAD THEM

*Hopeful Parenting in a  
Confused World*

J O H A N N   C H R I S T O P H   A R N O L D

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TO MY PARENTS,  
WHOSE REVERENCE FOR THE CHILDLIKE SPIRIT  
AND LOVE FOR CHILDREN  
HAS PROVIDED A ROCK FOR MANY  
TO STAND ON.

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## INTRODUCTION

Everywhere in society today we can see the fruits of an unguided and unloved generation. The problems need hardly be named: they are the daily fare of every newspaper, and, increasingly, they affect the homes of even the most protected, privileged children. Solutions to the crisis (for it is really nothing less) are abundant. Bookstore shelves groan with new volumes on parenting, family therapists are in high demand, and politicians of every party compete to defend our families and to lament the loss of “traditional values.”

Yet something is drastically wrong. Somewhere along the line we have forgotten what childhood is all about. In our preoccupation with adult solutions, we have lost sight of our children — of their vulnerability and innocence, their joyousness, and their love. We have lost touch with the childlike spirit.

Despite the words we use to describe the process of education — words like “parenting,” “child rearing,” and other such terms — it seems that in real life we grown-ups often learn as much from our children as they learn from us. In a certain sense, this is how it should be. Anyone who has raised children knows that education is a two-way street. By bursting the balloons of our theories, they constantly bring us back down to earth when we have become idealistic; and in constantly prodding us for answers to everything from “why is it bedtime?” to “what happens when you die?” they give us plenty of questions to think about ourselves.



In a world that has grown increasingly cold and unchildlike, it is no easy thing to raise even one child, to guide him or her through the early years and the turmoil of adolescence. Yet whenever we open our hearts to the little ones around us, and whenever we stop to listen to them, we will discover that the challenges and trials they bring with them are always outweighed by greater joys and blessings. Inasmuch as we allow them to guide us with their simplicity, humility, and love, we will find that they can give us new hope and new courage.

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## I. THE CHILDLIKE SPIRIT

*Then children were brought to him so that he could lay his hands on them and pray. The disciples rebuked the people, but Jesus said, "Let the children come to me, and do not hinder them; for the kingdom of heaven belongs to them" (Mt. 19:13-14).*

It is hard to think of a more wonderful insight into the significance of children than these words of Jesus. Not only do they show his great love for every individual child, but also the importance of all children as the heirs to God's future. Yet what promise do they hold for us who are not children? Jesus' words become clearer to us when we understand what he means by "children": he is not speaking merely of immature human beings, but of every person who is willing to recognize that he or she is a child of God.

Once we have accepted the fact that we are children of God, our relationship to him will be like that of small children to their father and mother. Like children, we will open doors and enter them; like children, we will ask for what we need, and accept whatever is given to us; like children, we will not doubt the motives of others, but trust them.

In Matthew 7:7-11, Jesus says:

Ask, and it will be given you; seek and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened. Or what man of you, if his child asks him for bread, will give him a stone? Or if he asks for a fish, will give him a serpent? If you then, who











### 3. THE UNBORN CHILD

The nine months of waiting for a baby can deepen a couple's relationship and bring them closer to each other than any other time in their marriage. After all, the development of a baby in its mother's womb is far more than a biological process, even though that in itself is almost too great to comprehend. Especially for a young couple looking forward to their first child, there is a sense of excitement, the thrill of the unknown, a strange mixture of anxiety and expectant joy. There is also awe before the mystery of new life and the responsibility of parenthood.

In Psalm 139:13-16 we read:

You created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth, your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.

In his book *Inner Land*, my grandfather Eberhard Arnold describes the unborn child not merely as a developing fetus, but as a little soul— a being for whom we must have reverence.

For the unborn as much as for the living child, a secure, loving family life is of great importance. Even while still in the womb, an unborn child can suffer if he or she does not feel nurturing love and tenderness. Psychologists





church service where their fathers and mothers present them to the congregation. In being “given” to the church, the children are given into its care and keeping. The church then returns each one to his or her parents to be raised by them in the love of God. To us, the act is more than symbolic. Ultimately, our children do not belong to us. They are gifts entrusted to us by God.

## 5. MOTHERHOOD

**A**true mother thinks day and night about the well-being of her children. She is the first to praise them and to comfort them, and also the first to protect them when she senses that they may be in danger. It is she who has carried them and borne the pains of pregnancy and childbirth, and it is she who now continues to carry them in her heart. Her intuition is often clearer than her husband's, and she will not let him make light of her concerns or reassure her too easily. She will also be the first to turn to God on a child's behalf. Perhaps that is what inspired the old Jewish saying, "God could not be everywhere at once, so he gave each child a mother."

When a child cries at night, it is usually the mother who will be at his or her bedside first. She feels her child's pain, instinctively, and she will bear it not only as a burden, but also as a privilege and a joy.

A mother's sensitivity and love is boundless. She will continue to keep her children on her heart long after others have given up on them. Like St. Augustine's mother Monica, who refused to disown him during his years of youthful rebellion, she will continue to have hope for a prodigal son (or daughter) even when everyone else has condemned him. Moreover, she will believe for him when he has ceased to believe.

I cannot thank God enough for the love of my mother, and for her deep relationship with my father. Even though they were sparing in their use of religious language (they never talked about their piety), it was obvious to us seven children that they loved God, one another, and each of us. And while it

was clear that our father was head of the family, he never tolerated the slightest disrespect from us towards our mother.

Many women in our time rebel against motherhood. They forget that it is not only a God-given task, but a God-given privilege as well. Motherhood was once regarded as the noblest calling of a woman; nowadays, it is pushed aside by more “desirable” careers and seen as an inconvenience or even an embarrassment. It is true that many women rebel because of the oppression and lovelessness of the men around them, but in the end their resentment, understandable as it may be, achieves little. How different family life could be if we admitted to our confusion about the role of man and of woman; if we sought to rediscover *God’s* plan for both, and regarded one another with respect and love!

In our communities, mothers participate in the daily work as fully as possible — as cooks and nurses, doctors and seamstresses, accountants, teachers, graphic designers, and secretaries. Yet when pregnancy requires it, their first priority is always motherhood. Far from regretting or resenting it, they feel, as all of us do, that it is a gift; that in God’s eyes, there is no sacrifice more worthy than that made for the sake of a child.

## 6. FATHERHOOD

Unbelievable as it may seem, half of our nation's children will spend at least part of their childhood without a father in the home. Never before in our history have so many men abandoned the children they fathered. Fathers are vanishing from their children's lives, not just physically, but legally as well. The number of paternity suits is steadily on the rise, and the problem of "deadbeat dads" is taking on the proportions of a national catastrophe.

Not surprisingly, many of the same people who complain about the loss of "family values" have abandoned wives and children themselves, often through divorce and remarriage. Despite their words, their actions send the message that fatherhood is simply not a priority to them. In some cases, even their words betray them. Instead of speaking about "deadbeat dads," they speak about "illegitimate children" and "unwed mothers"—terms that conveniently shift the burden of stigma and guilt away from themselves and onto the woman and child. Is anyone ever "illegitimate" in God's eyes?

As a nation, we have lost something precious. In previous centuries, fathers were seen as irreplaceable. They may not have been primary caregivers, but they bore the ultimate responsibility for the well-being of their wives and children. In the last one hundred years this has changed fundamentally. In a century marked by war, political unrest, and unprecedented opportunities for travel, more children than ever before have grown up without a father in the house.

True fatherhood, of course, entails far more than being physically present

in the life of a child. There are plenty of men who, because they do not relate to their children, are emotionally absent, even though they may live in the same house with them. How many fathers are there today who confuse their children's hunger for love and attention with the desire for material things? All too often, in an attempt to make up for long absences or to still a guilty conscience, men send home gifts, when what their children really long for is a hug, a smile, or a story at bedtime.

One of the things children need most in a father is someone who can see the world through a child's eyes. Author Ralph Kinney Bennett writes:

This is one of the most overlooked rules for a father. Go back to your childhood, and you begin to understand why so many things are mysterious, frightening, or even funny to a child...

Fathers who forget the child's point of view are nonplused, for instance, when they buy their daughter an expensive toy, only to see her spend hours playing with the box the toy came in — except that it isn't a box; it's a castle. Fathers would do well to remember when their wagon was really a stage-coach, or their bed a spaceship. [12]

In the first five years of my life, my father's work kept him away from home for a total of three years. Although I know this had certain negative effects on my early childhood, I have never doubted my father's love. We were separated physically, but he remained a positive presence in my life.

Any true relationship between a father and his child is deeply dependent on the father's relationship to God. It is God who made him a father, and he must feel an inner assurance that it is his duty to be the head of his family. A father who lacks moral character or is unsure of himself cannot provide his children with real security. This is not to say he should be authoritarian. Even when he needs to hold his ground on an issue—even when he is setting necessary boundaries and limits—he must always be sensitive and have a heart for his children.

Fatherhood begins before the birth of a child. During his wife's pregnancy,



## 7. CREATING A HOME

**I**t is one thing to have children. To create a true home, a place of love and security, is quite a different matter. Unfortunately, many adults lack a sense of what this means. They have no time for their children and, if they are married, not even for their spouse. They are always “too busy.” Some parents are so preoccupied with their jobs that even when they do see their children at the end of a long day, they have no energy to be available for them. They may sit in the same room with their children, but their minds are still back at their place of work, and one eye is on the evening news.

Parents who love their children will be determined to be with them as regularly as possible—and to be there for them. Indoor activities like reading aloud, working on hobbies, and above all, eating together give vital opportunities for interaction and a sense of togetherness. So do outdoor activities like basketball, tennis, fishing, or backpacking. They provide the sort of positive experiences that children will not forget as they grow up, marry, and raise their own families.

Birthdays, graduations, and other similar occasions are a very important part of home life, too. Aside from simply being happy times, they are events that nurture and help children grow; times when we can thank God for them and let them know how much we love and appreciate them and celebrate their lives. In general, however, it is the priorities we set in our everyday lives that have the greatest impact on our children. A woman recently wrote to me:

My father, like most men of his generation, chose to immerse himself in his career: he was a naval officer. I can remember very vividly the times that he really took time to be with us. Because they were so few, each one was very special. We loved our father very much; he was so attentive and gentle when he was at home. At the time we didn't feel ignored; it seemed quite normal that he had to work every weekend or be away for a month to a year at a time. Now that I'm an adult I wonder what he sacrificed all that time for. A career? His country? Certainly not for the money. It strikes me as selfishness masked as duty. Yet I am sure that if my marriage had continued and we would have had children, my husband and I would have done the very same thing. It's considered "normal" in middle-class families to put one's career first.

Sometimes, creating a space for "family time" with your children will require putting your foot down, especially when they are playing outdoors with their friends, for instance, and you call them in for dinner. Once a routine has been established, though, children will look forward to it. Among my best childhood memories are the evenings our family would sit outside and listen to our father tell us stories about Jesus, about the early Christian martyrs, and about other men and women through the ages who suffered for their faith. We lived in the backwoods of Paraguay, in South America, and there was no electricity. When darkness came, abrupt and early as it does in the subtropics, we lit candles and continued to sit in the flickering light. Our house was not far from the edge of a forest, and often we heard wild animals in the distance. When we were frightened we sang together, and our parents told us of the courage that comes from having a personal relationship with God— something that became a reality for us.

No matter how a family chooses to spend its time together, a few minutes at bedtime are always crucial. Younger children need the security of a good-night kiss, a reassuring word, and a short prayer before they go to sleep. Children who are afraid of the dark or of being alone, especially those who are



## 8. THE ROLE OF GRANDPARENTS

**A**fter the mother, the most wonderful thing God created is the grandmother--at least many children think so. Everyone loves grandparents. It is over their roles that people begin to disagree. Many families are blinded by the common misconception that in-laws cannot get along together, and in accepting this stereotype as fact, they hurt what could otherwise be a meaningful relationship. Doesn't God want us all to live side by side in peace? After all, he meant husband and wife to be one, and naturally each of them has parents.

At the Bruderhof, where hundreds of children grow up with grandparents on both sides, we have found that the extended family can be a tremendous blessing. In my own family, for instance, six of our eight children are married and starting their own families. My wife and I have great joy in our eleven grandchildren. Yet it is clear to us that no matter how much we love them, we must let our children find their own way in bringing them up.

To other grandparents, let me say this: don't forget that raising your grandchildren is your children's responsibility first and foremost — not yours — and that their ideas may be different from yours. At the same time, though, young couples should be encouraged to turn to their parents for advice. Why shouldn't grandparents, who have raised children themselves, pass on their wisdom, even if much of it was gained through mistakes?

Though grandparents should feel free to advise, they should never interfere. (Obviously there are exceptions; for example, situations in which an ir-

responsible or abusive parent has left a grandparent with no choice but to intervene.) Often the best help is an offer to support in practical ways: when a grandchild is sick, for instance, or when the parents have been taxed to their limits for whatever reason. Every grandchild delights in some special attention — a story, a cookie, extra help with homework, or a walk outdoors. Grandparents who live far away from their grandchildren will need to find other ways to show love—an occasional post card or gift, or perhaps weekly or monthly phone calls. Regardless of a child's age, time spent with a grandfather or grandmother is always enriching. For the child, it provides an oasis of comfort and quiet, and for the grandparents, an opportunity to love and to be loved in return. It is a blessing for both.



the bars. If this is true for monkeys, how much truer for people!)

As children become toddlers, they should be stimulated and encouraged with simple games, rhymes, and songs. Because the potential of a child's mind at this stage is unrivaled by later phases, whatever he or she does not absorb now will be absorbed only with much greater difficulty later. That is why the experts speak of a "window of opportunity" that will never be opened as widely again. To be sure, development cannot be measured only in terms of learning or achievement. A child's emotional and spiritual development is equally important.

Just as much as small children need stimulation and guidance, they need time to be by themselves. Hours spent in daydreams and quiet play instill in a child a sense of security and provide a necessary lull in the rhythm of the day. All too often, grown-ups needlessly disturb and pester children with their intrusions. Some people cannot seem to pass a baby without picking it up, holding, kissing, or doing something to it. When he or she resists or struggles, they feel hurt, and what was a happy scene moments before becomes one of frustration.

At every point of contact, loving consideration for the inner disposition of the child — for the childlike spirit of simplicity, honesty, and vulnerability — is the crucial element. Raising children should never mean trying to mold them according to our own wishes and ideas. It should mean helping them to become what they already are in God's mind. Jane Clement, a poet and teacher in the Bruderhof schools for many years, expresses this thought beautifully in one of her poems:

Child, though I take your hand  
and walk in the snow;  
though we follow the track of the mouse together,  
though we try to unlock together the mystery  
of the printed word, and slowly discover





## 10. TEACHING RESPECT

All of us are familiar with the biblical commandment that is the cornerstone of child rearing: honor father and mother. But what does it mean? On one level, of course, it simply means that children must learn respect. To small children, father and mother stand for God; if they do not honor them, how can they ever learn to honor him? On another, it places a burden on every parent: the responsibility of seeing that this commandment is obeyed.

Honor starts with respect for authority, with the “fear of God” and the similar “fear” of parents, who raise them in God’s stead. Obviously this is not to say that children should be afraid of God or their parents. It means that as they grow up they must overcome their inborn self-centeredness and learn to yield to others when the situation calls for it. They must find a willingness to submit that is born—even if they are unaware of it—of love and reverence.

If respect is achieved by authoritarian means, it will eventually breed anger and rebellion. Like any other virtue, it must be taught by example and fostered in an atmosphere of trust. It is something gained only with time and effort.

Yet because respect is a basic part of every wholesome relationship, it is vital that it be fostered from a very early age. In my experience, it must be established well within the first four years. In most families with young children the task will fall to the mother, since she is the one most likely to be at home with them during the working day. A husband should always do his part to support his wife’s authority, but it is imperative that she establish it in her own right as well,



## II. SPOILING YOUR CHILD

**D**espite the fact that millions of children around the globe grow up in acute poverty, most children in our western society still have far more than they need. We are raising a whole generation of what can only be called spoiled children. Parents are often quick to blame our materialistic society at large, or the steady diet of commercials their children see daily, but in actual fact the problems begin long before their children are exposed to these.

In my experience, pampered children are always the product of pampered parents — parents who insist on always getting their own way, and whose lives are structured around the illusion that instant gratification brings happiness. (Isn't that what going to the mall is all about?)

Children are spoiled not only by an overabundance of food, toys, clothing, and other material things. Many parents spoil their children simply by giving in to their whims. When they are still in the playpen, this is bad enough, but as they grow older, the problem gets much worse. Children who feel relatively sure that they will get their way are bound to put up a good fight, and soon their wishes and demands define their entire relationship with their parents. How many harried parents spend all of their energy simply trying to keep up with their children's demands? And how many more give in to their children just to keep them quiet?

Other parents pamper their children by giving them too many choices. A child should be taught to make decisions — there is nothing wrong with that

in itself — but to constantly offer him or her an array of choices is a disservice. Children who face several different brands of breakfast cereals or soft drinks every time they sit down to eat will not necessarily be any happier than those whose food is set before them. In fact, they are likely to be more finicky and unappreciative. Even if they are not aware of it, children crave limits. When their boundaries are clearly defined, they thrive.

It is also easy to spoil children by overstimulating them. Though children should be exposed to a variety of activities wide enough to keep their attention and to encourage their imagination, interest, and inquisitiveness, they should not be brought up in an unreal world. They must learn that in real life there are many things they simply cannot do or have.

Children who are given too much rein become little tyrants at home and at school, and as they grow older, they will go to any length to get what they want. All too soon, they will be impulsive, demanding teenagers, and what was once plain discontent turns into rebellion against all parental authority.

What is the best way to bring up children without pampering them? From the Book of Proverbs to the journals of modern medicine, the wisdom is the same: discipline your child. The results are obvious. Whereas spoiled children tend to be insecure, selfish, and dishonest, well-disciplined children are usually appreciative, considerate, and self-assured. Hebrews 12:6 says that God disciplines and chastises those whom he loves. If we really desire to love our children as God loves us, we will do the same.

## 12. DISCIPLINE

**I**n an age when discipline of any kind is regarded by many as physical abuse, it is tempting to dismiss wholesale the Old Testament proverbs about sparing the rod and spoiling the child. All the same, I believe that even if we reject physical punishment, we can find sound wisdom in the ones that speak about the importance of discipline in a general sense: “Reprove your child, for in this there is hope” (Pr. 19:18).

Whenever children are conscious of having done something wrong and there are no consequences, they learn that they can get away with it. It is a terrible thing for a child to get that message. With younger ones, the issue might seem unimportant; their misdeed may actually be small, but the lessons they learn will have repercussions far into the future. An undisciplined six-year-old may only take cookies without asking, but at sixteen he or she may be shoplifting.

Discipline does not just mean catching children in the act and punishing them, however. Nor does it mean suppressing their will in favor of one’s own or criticizing them continually and arguing with them when they talk back. It should not be viewed as a negative part of child rearing, but as a positive one. The goal of true discipline is to nurture a child’s will for the good — to support and affirm him or her in choosing right over wrong. It means reinforcing the positive whenever possible by lending a helping hand.

Discipline must start early enough. Already in the first few months, babies find out that their crying summons attention and concern. A mother who

lets herself be led to respond to every whimper has already lost the battle. (Obviously a baby needs to be soothed, but it need not be picked up every time it cries.) If children do not learn in the first years that their self-will must be controlled, when will they? To hold out firmly and consistently against a child's will is often irksome. It is always easier to let things slide. Yet parents who prize comfort above the effort of discipline will find that, in the long run, their children will become more and more troublesome.

How should a child be disciplined? How not? In my experience, one must avoid scolding a child frequently, especially for little things. Scolding often turns to nagging, which escalates to impatience and anger, and both parent and child will end up in a shouting match. Yelling at a child only encourages him to yell back.

One of the simplest forms of discipline is "time out" — putting a child who has misbehaved in another room or separating him or her in some way from others for a few minutes. Almost every time, the child will soon feel bored or lonely and want to return to his or her playmates or family. (Just don't forget about the child in the meantime.) And when the "time out" is over, don't dwell on it, but move on. Used consistently, "time out" can be one of the most effective tools of discipline for the toddler and preschool child: children this age tend to respond better to immediate action than to words. Certainly it can be used for older children as well, but it is probably not necessary or appropriate for a child under a year.

With regard to corporal punishment, let me make it clear that as far as I am concerned, beating a child is nothing less than physical abuse. All the same, I believe that a spank on the bottom (administered with one's hand) may be helpful for a small child now and then, especially when a parent is unable to stop unacceptable behavior by other means. Even spanking is wrong, however, when administered in anger or impatience, or used frequently. Consider that your discipline will be productive only if the child feels your love as strongly as your desire to correct him or her. God sent the Hebrews not only the Law

of Moses but also manna, the bread of heaven. Without such bread — that is, without warmth and kindness, without respect, and without an appeal to the heart of a child — sooner or later any form of discipline will lead to rebellion.

Never spank a child unless he or she is your own, and never strike or even slap a child on the face or head. And if you do feel the need to spank on occasion, do it only as a last resort.

Discipline achieves good results only when there is a relationship of trust between parent and child. Thankfully my siblings and I had such a relationship with our parents. Once, when I was around eight years old, I upset my father so much by something I did that he felt he needed to punish me severely. As he was about to spank me, I looked up at him and said, “Papa, I’m sorry. Do what you need to do. I know you still love me.” To my astonishment, he leaned down and hugged me and said, “Son, I forgive you.” My words had completely disarmed him. The incident taught me a lesson I have never forgotten, also in dealing with my own children: Don’t be afraid to discipline your children, but the moment you feel remorse on their part, be sure there is forgiveness on yours.

Consistency is the key to effective discipline. Beware of giving mixed messages. If you disagree with your spouse over how to handle an incident, don’t discuss it in front of your children — they will quickly learn to play you off against each other. Aside from creating confusion in a child’s mind, inconsistency also prevents the formation of the boundaries that every young child needs. Even though he may resist at the beginning, he will thrive on routines once they are established.

Once you’ve said something, stick to it. When a child realizes that you don’t really mean what you say, everything you do to try to control him or her will be useless, including your threats. Even when the living room is full of guests, don’t be embarrassed if your child misbehaves. Frustrating as it may be, young children love to disobey just when their parents are hosting guests and planning a relaxed mealtime; bite your lip and do what you need to do.

You will have to deal with your child anyway after the guests have gone, and your long-term relationship is far more important than the impression he or she makes on others.

Children need to learn early on that every action has consequences. This does not mean they can be expected to obey every command or request unquestioningly. When a child does not understand the reason for an admonition, it may be necessary to explain it to him or her. Sometimes, though, a child should have no choice but to obey. Then, if a direct conflict arises, it is imperative that you win. The main thing is that you as a parent set the limits and don't let your children set them for you. If you are able to enforce their limits consistently and with love, sooner or later they will be able to set them for themselves.

No matter how often you need to discipline your children, never humiliate them. Don't talk about their weaknesses or mistakes in front of other adults or their friends. Never compare them with other children, either to their face or in your own mind. It is easy to label a child as "difficult," but it is never right or just. Like children, we must not only forgive the wrongs of the previous hour and day, but also forget them. Like them, we must start every day anew.

### 13. EXPLAINING LIFE, DEATH, AND SUFFERING

In speaking about birth, death, and other riddles of human existence with a young child, it is always good to remember that these mysteries lie in God's hands. Children are quicker than adults to understand this. Their minds are simple and unencumbered by adult ideas, and their questions can be answered simply and straightforwardly. The main thing is to assure them that all life comes from God and goes back to God, and that, because of this, they do not need to fear death. In my experience that is usually enough; to try to explain more or to speculate further may only confuse or worry them. Emphasize God's power over life and death, and point out the many passages in the Bible that tell us how wonderful it will be when Jesus comes back — how the trumpet will sound and we will all be made alive, more alive even than we are now. As they grow up and demand further explanation, especially about birth and human reproduction, answer their questions honestly, but don't burden them with more than they ask for.

At a surprisingly young age, children may ask questions like, "Why does God allow so much suffering in the world? Why does he allow poverty, war, and evil? Is God powerless? Is the devil stronger than God?" Although such thoughts may never even occur to some children, they will cause considerable worry to others.

When children ask about suffering, impress on them that, despite sickness and pain, poverty, war, and injustice, God is all-powerful, and that in the end his love will rule. Explain to them that all need and suffering in the world is

a deep pain to God, especially the suffering of innocent people. Help them to see that it is not God's fault that people hate each other and start wars, for instance — it is our fault. Remind them of the story of Adam and Eve, who questioned God's command and then disobeyed him by eating from the tree of the knowledge of good and evil after he had specifically forbidden them to do so. Tell them that this is how sin came into the world. Before the "fall" of man, everything and everyone lived in harmony and peace. That is how God wanted it to be, and that is how it will be again when his peaceable kingdom comes on the earth.

It never hurts to tell children, too, that even though we cannot understand suffering and death, we do know they are a part of God's plan. Naturally this should not be done in a way that might frighten them. All the same, it will not harm them to know that if they want to become fighters for God's kingdom, they must be willing to make sacrifices for Christ's sake.

As children grow up, it is vital that they experience the faith of their parents. Without it, they will not have the assurance they need to cope with the suffering they are bound to face sooner or later. Every decade brings new tragedies and suffering — earthquakes and floods, hunger, wars, violence, and crime. Make time to talk with your child whenever you sense the slightest insecurity. Maybe his or her class has discussed a recent accident or natural disaster; maybe a classmate or relative has been injured or even died; maybe he or she has read or seen something frightening or traumatic. No matter how small the incident may seem to you, it may loom large in the child's mind. Listen to him or her, answer any questions he or she might have, and provide comfort and reassurance.

If you are able to bring the need of the world to your children in a way that helps them to understand the suffering of others, they will feel compassion rather than fear. And when they do express fear or worry, remind them that each of them has a guardian angel who has access to God on their behalf. Lastly, tell your children that God promised he will never burden us with

more than we can bear. No matter how great a child's fears, help him or her to believe that God is always there, and that our faith need never be shattered.



them to nature. Jesus himself used parables and metaphors from nature to illustrate a point. Children will sense God behind a sunset or a starry sky; they will imagine angels in the roaring wind. They will be the first to perceive that behind the beauty of the earth is a creator, who dwells in their own hearts.

One can also bring God to children by reading them stories from the life of Jesus and by explaining to them the meaning of Christmas, Easter, and other celebrations with which they are already familiar. There is no better time than the weeks before Christmas, for instance, to read together the wonderful Old Testament prophecies of the coming Messiah (and to introduce them to Handel's Messiah), or to talk about the angel who appeared to Mary, the hosts that announced Christ's birth, and the guardian angel that each child has himself. In the same way that children relate to the story of Christmas, they can also understand something of the meaning of Easter: the suffering of Jesus, of Mary, and the disciples, and then the joy of the resurrection.

Along with reverence and love to God, teach your children gratefulness. Whether through grace at mealtimes or prayers at bedtime, urge them to thank God for all they have — for parents and family, friends, a roof over their heads, clothes, food, and safety. Remind them, too, that not all children have what they have, and open their eyes to the needs of others. Assure them that God is their father and that he is accessible to each of us, whether old or young.

Finally, teach your children by reading to them from the Bible. As they grow older, encourage them to learn important passages by heart, and point out how this or that verse can provide a rock on which to stand later in life, especially during difficult times. Remember, though, that ultimately it is not memorized verses that will capture a child's heart, but the living example of adults who show love and respect for God and for each other in their deeds as well as their words. And never forget that often children are already much closer than we are to God.





deeper meaning, and even if we cannot discern that meaning, we should have reverence for creation and for the creator of all life.

Emmy Maria's short life deepened this outlook and had a profound effect not only on them but on our whole family and on the people around us. It was as if she fulfilled a divine task for us all. The following passages, quoted from a diary my parents kept during her sickness and the days before and after her death, may help other parents who face a similar situation.

It was quite extraordinary what such a small child could feel and notice, and how we could tell what she felt. It became clearer and clearer what her little soul was going through, and what she had to communicate to us. As her body grew weaker, it became more and more strongly an expression of her soul. That became powerfully clear to us in the hour of her death.

The last few days our child was given to live among us were hard for the human heart to bear, yet extremely great and powerful, filled with promise because of the nearness of Christ.

It was remarkable that each time we interceded for Emmy Maria and gathered ourselves inwardly, the powers of death withdrew, and she revived. Whereas before she lay there apathetic, unresponsive, and weak, with half-open eyes, shallow breath, and a very weak pulse, she would suddenly open her eyes, look at us, cry, and drink, moving her hands and turning her head when she was gently touched: she would come back to consciousness. Sometimes such a transformation came within seconds.

There was a special atmosphere of love in her room. It went out from her and filled the whole house, and united us in special love to each other...

We took turns watching by her. It was a hard fight, and she had to suffer a great deal. It was a struggle with death, so real that it seemed incredible that such a tiny baby could take it up...

Emmy Maria gave us so much joy. Sometimes she would cry for hunger; then, when we fed her, she would smack her lips and suck for pleasure until she had swallowed her 20 grams from a dropper. We could tell that she felt happy to be with us at home. Sometimes she would smile in her sleep, and then her little mouth would widen... On awakening she would stretch and straighten herself and reach her hands up out of the covers.

In the last days there were some very critical moments. Her little face grew thinner and thinner, her eyes got bigger and bigger, and more and more expressive. Her little neck was so very thin...Again and again we held on to faith and trusted that a miracle could still be given; that she might be healed. Then at other times we wished that if it was not God's will for her to live, he might take her to himself soon and relieve her frail little body of its terrible torment and suffering.

Just before the end our little one opened her eyes wide, wider than they had ever been in her life. Then, with a clear, shining, otherworldly gaze, she looked at both of us for a long time. There was no sorrow and no suffering left in those eyes, but a message from the other world, a message of joy. Her eyes were not dull and clouded but bright and shining. She could not tell us anything in words, of course, but her eyes bore witness to the heavenly splendor and unspeakable joy there is with Christ. With this gaze, our dearly beloved child took leave of us. We shall never forget those radiant eyes.

### MARK JOHN

Several years ago another couple at one of our communities lost a son to cancer. The youngest child in the family, Mark John was a sunny, lovable three-year-old. His story, as recorded by his parents in their diary, illustrates in a wonderful way how the trusting faith of a suffering child can work redemptively in those around him:

The doctors at Yale-New Haven proposed that Mark John be transferred to a hospital in New York City for rigorous chemotherapy along with some other new treatment still at the experimental stage. When we asked them how much it would help Mark John, they could only say that at best it might prolong his life two to eight months, and at the price of his becoming deathly sick. When pressed, they reluctantly admitted that he would suffer terribly; in fact, he could die from the treatment itself..

We decided that we would rather have our child at home, close to us, than in a hospital, even if he would live a little longer. It was an agonizing decision, but we know that God alone has all our lives in his hand, and especially the life of our little boy.

Daily Mark John became weaker and weaker. After a few weeks, Heinrich, the elder of our church, suggested that we bring him to a service where we could lay him into the arms of the church and intercede for him. We knew Jesus could heal him, but we also knew that he might want to have him back...

The service was very simple. Heinrich spoke about how Jesus loves all the children of the world, and then we prayed that God's will would be done, and that we would be ready to accept it.

Easter had special meaning for us, thinking of Jesus' suffering and deepest pain, his godforsakenness and need for help, and then the resurrection and its unbelievable promise to every believer. Mark John was surely a believer. He believed like Jesus told us to — like a child.

On Easter morning his mother took him on a long walk in his wagon and talked to him about heaven and the angels and Jesus. She told him he would soon go to heaven, and that he should wait for us, and someday we would all be together again. He listened and nodded and sometimes said, "Yes." Later, when the rest of the family joined them, he pulled his big sister down to him and whispered joyfully, "Natalie, soon I'll get wings!"

Then Mark John lost his sight in one eye. He cried when he realized it. We were in such a tension: Would he be blind before Jesus came to take him? We longed so much that he might be spared that ordeal.

Once when he was lying on our bed between us, he asked us about the picture hanging on the wall opposite our bed — a painting of the Good Shepherd leaning over a cliff to rescue a lamb, with a bird of prey hovering over it. We knew a bird of prey was hovering over our little child too, but he was so unaware, so trusting. He grew thoughtful as he looked at the picture and asked us to tell him about it. We told him that Jesus was the Good Shepherd, and that we all are his lambs — also he. It was remarkable how he listened intently and seemed to understand...

By now he was eating hardly anything at all. He got thinner and thinner, and we feared he would starve. We wondered how long our other children could endure to see him suffer so much, as this illness slowly but terribly distorted and changed his dear face and body. Yet somehow, love showed us the way. All the children wanted to be with him. They accepted

his suffering completely...

One day when we bent over him as he lay in his little wagon, he reached out his thin arms and cried pitifully, "I can't see, I can't see!" We said, "When you are in heaven — when your guardian angel comes and carries you to the arms of Jesus — you will be able to see again." But he could not be comforted. He asked, "When? When?" and we said, "Soon." He argued and said "No," so I had to insist, "I promise." Then he grew calm.

A day or two later, when we said goodnight to Mark John, he reached up and said, "I want to kiss you, Mommy," and gave her a healthy kiss. He kissed his mother first and then me. We were both so moved and happy because he hadn't asked for a kiss like that for several days: his little head turned towards his Mommy with his precious eyes that couldn't see any longer...

Often during the last days we talked with Mark John and told him that he was a brave boy, that we were very, very happy that he had come to us, and that he always was a good boy. On two occasions he answered us very emphatically, shaking his little head and saying, "No, no." It distressed us. We didn't know what he meant, but in retrospect we feel that maybe he just wanted to remind us that he was also sometimes naughty, and that he was sorry for it.

On the last day he vomited blood; Milton, our doctor, turned to us and said, "Soon." Then we sang a song that we had sung many times during the last days: "We shall walk through the valley of the shadow of death." When we came to the refrain, "Jesus himself shall be our leader," Mark John said distinctly, "Yes, yes, yes."

Mark John was given incredible strength in his last hours. Several times he said, "Up, up!" We asked him if he wanted to go up to heaven, and he said, "Yes." At one point we said, "Good-bye, Mark John," and he said, "Not yet." That was about an hour before he was taken.

A little later, as we were bending over him, he suddenly said, "Laugh!"

"What, Mark John?"

*"Laugh!"*

"But why should we laugh, darling?"

"*Because,*" was the short but emphatic answer. And then, while we were still trying to grasp it, he repeated, "*Please, laugh!*"

Then we said, “Good-bye, Mark John,” and he said, “Bye-bye.” We told him we would see him again soon, because for him in eternity it will be very soon. Then he lifted both his arms and stretched them up and pointed with both fingers toward heaven, and his eyes looked and saw — his blind eyes that couldn’t see any longer on this earth, but already saw beyond our world — and called out, “Not two! One!” He repeated this two or three times. “Not two! One!” He saw two angels coming to fetch him, and we had always told him only about one.

Then he turned toward his mother and said distinctly and tenderly, “Mommy, Mommy.” Then he said “Papa, Papa.” It was as if he wanted to unite us very closely. And then, in that dear and characteristic way of his, nodding his head, he said, “Mark John, Mark John.” It was as if he had heard Jesus calling his name, and was repeating it. We had never heard him say his own name like that before. We bent over him, and then two more times he lifted up his arms and pointed to heaven with those thin arms that had been too weak even to lift a cup to his mouth for days.

Then, fighting for breath, he called out, “Mommy, Mommy, Mommy, Mommy.” Ellen talked to him softly and reassuringly... He was still breathing heavily but we could not feel his little heart any more. And then came the last precious breath and the agonizing sigh. Death had taken his body, but his soul was victorious and free. We called to our darling little boy, “Mark John, Mark John!” But he was gone. Milton said, “It is all over now. His soul is free and with God. He has no more pain.” We asked, “Are you really sure?” And Milton said, “I am sure beyond doubt.” It was between 3 and 4 a.m....

As we look back on that night, we can see now that Mark John was slowly moving into another world. He went trustingly, even happily. It was as if we were standing before the gates to eternity, and we could take him that far, but then we would have to leave him. He would go in, and we would have to wait.

## 16. THE SPECIAL CHILD

**I**n Mark 8:34 Jesus says, “If anyone wants to be my follower, he must deny himself, shoulder his cross and follow me.” Christ’s words were addressed not only to the people of his time, but also to us today: each of us who desires to follow him must be willing to carry the burden laid on us by God. Because the cross each person carries is different, we sometimes tend to look at others and compare our lot with theirs. When envy makes us dissatisfied with ourselves, we look at others and think, for instance, “He (or she) is so athletic” — or articulate, or musical, or easy-going — and we begin to wonder whether the person we envy has any cross at all to bear.

Every man, woman, and child has his or her own burden to carry. Even the Apostle Paul had a “thorn in his flesh.” He asked God to remove it, but God answered him, “My grace is sufficient for you, for my power is made perfect in weakness” (2 Cor. 12:8). If we accept the grace God gives us, we will be able to bear the heaviest cross. And, strange as it may seem, it can even become a blessing.

The discovery that a newborn child is disabled can be a deeply shaking experience for any couple. Unfortunately it is common for some, in their shock, to assume that they have done something wrong. I would advise parents to give no room to such thoughts. Rather, turn to God and seek to see the situation as from his eyes — as a blessing that can lead you closer to each other and to God. He comes close to us through every child, but especially through children with disabilities.





Sometimes the prospect of a disabled child is more than a couple is able to face without at least some struggle. In my experience, even the strongest parents will need to be supported as much as possible, and they should not be made to feel guilty when they accept (or seek) help. Those of us who do not have to cope with the added burden of a child with special needs should offer our support where we can in practical ways, for instance by taking the child into our home for a night or a weekend to let his or her parents relax and find new strength.

At the Bruderhof we have had children with Down syndrome, Prader Willi syndrome, and other serious handicaps over the years. All of them — Heidi, Lisa, Duane, Joanna, and Iris, to name a few of the ones with us at present — are a gift and blessing to their families, their peers, and the larger community; and all of them a living witness to the power of childlikeness and joy.

Miriam, who passed away in 1992 at the age of 28, was born with multiple crippling physical handicaps that repeated surgery was unable to alleviate. Nonetheless, her brightness and joie d’vivre touched countless lives. Frail and severely crippled, her determination to do what she could for herself and for others lasted to her final breath.

Sonja, who is fully incapacitated and needs 24-hour care, was born in perfect health but left helpless by meningitis at the age of five months. Despite frequent suggestions by social workers to have Sonja institutionalized when she was a child, her parents and siblings wouldn’t hear of it. Now, at 38, she is still part of her family and community and continues to call forth and respond to the loving care of those around her. As her mother says, “We think there is something special in Sonja. She has never consciously sinned, and must be very close to God. We always feel challenged to love her more.”

Sasha, a young Russian man who was born without arms, was given into our care when he was sixteen in the hope that he could be fitted with prostheses. He had taught himself to be largely independent by using his feet to do what most people do with their hands, but the unnatural positions he was

forced to repeat daily had severely curved his spine, and he lived in continuous pain. Despite tremendous odds — Sasha hardly knew a word of English when he arrived in the United States — his pluck and enthusiasm have stood him in good stead. Now, after months of research, surgery, and therapy, he is in the process of obtaining his prostheses.

Given the special needs of children with mental and physical disabilities, it is easy to see why parents are tempted to treat them differently from other children: to set no boundaries, to give into every whim, to spoil them. Yet to pamper such children is the greatest disservice one can do them, for it limits their entire future — their physical and mental development, and their emotional independence.

All children need the warmth of physical affection, and disabled children need it perhaps even more than others. But they should not be babied with constant hugs, kisses, and treats. Rather, they should be lovingly guided and encouraged to use their abilities to the fullest. This is not to say that they should be pushed to perform or to take on responsibilities beyond their capabilities. All the same, it is amazing what a loving environment and proper care and handling can do. In our work with the disabled, especially through Rifton, the Bruderhof's line of physical therapy equipment, we have experienced time and again how a combination of therapy and education can help the most incapacitated child toward mobility, independence, and most important, toward self-respect and a feeling of worth.

In concluding this section, I would like to share the stories of two special children, Bobby and Louisa. The first was written by Bobby's mother, Yvonne, a good friend over many years. The second was written by Louisa's parents, Dick and Lois Ann (fellow members of the Bruderhof) and her sister Rebekah.

### **BOBBY**

In 1956, when our Bobby was born, there were no programs for retarded children. We felt very lost and knew nothing about Down syndrome or mental retardation. In our anguish we asked God for help and strength. We

realize, as we look back, that God held us and led us right from the beginning. As we learned about our little son, we loved him all the more. We started to meet with other parents of special children. We found ourselves involved in helping to get programs and classes started. Most important, the love we felt for Bobby and our three little girls bonded us closer and closer together as a family. Bobby was a complete joy and gave unconditional love through all his life — even when he was very sick just before he died. His open friendliness to all with whom he came in contact made new friends for us all! When our girls married, our three sons-in-law became loving brothers to Bobby, and the bond in our family grew even stronger. What fun he had with them, roughhousing as only boys can do! I can still see them rolling together on a lawn full of leaves and tossing a ball back and forth.

Bobby was called into eternity in 1982. We had such a deep ache in our hearts, and missed him so very, very much. But we could only give grateful thanks to God for giving us this very dear and special boy to love and care for during those 25 years.

## LOUISA

Louisa came to our family as a gift from God on April 7, 1967. Neither of us had any idea how she would develop or what she would be able to do, and as she slowly grew in her own way, we noted each new thing she could do with special joy. From the first day of her life, she was fully accepted by everyone in our family (she was our tenth child of eleven) and community, and we can never be grateful enough for the nurturing warmth and joy that surrounded her. It continued to surround her to her last breath.

Louisa had Down syndrome, yet she was completely accepted as one of the crowd by her age group. From early childhood on she was surprisingly responsive, and she loved her playmates as much as they loved her. In many ways Louisa was no different from other children: usually she was happy and contented, but on occasion she could be demanding, selfish, and stubborn.

In her early years we made the mistake of giving her too much leeway, but over the years we learned, especially with the help of her teachers, that she needed the same guidance and correction that her peers did. Her emotional

responses might have been more extreme than theirs, but it did her no good to be treated with extra lenience. In fact, we observed that making extra allowances for her, at least in terms of her behavior, only added to the burdens she already had. When an inappropriate idea or fascination needed to be redirected, for instance, we learned to give her a straight word and bring her back to reality. Just as for any other child, there had to be boundaries. The basis of the relationship had to be genuine, not superficially cheerful or motivated by pity.

Though academically a slow learner, Louisa learned to read, write, sew, and knit; one year her embroidery even won the grand prize at the county fair. By the end of elementary school she had learned to jump rope and to swim. From very early on — two or three years — she responded to music; at eight she knew numerous songs by heart and sang them on pitch. She also learned to play simple tunes on the recorder and a small-size violin.

We tried to encourage and stretch Louisa in as many ways as we could, but we always felt it would be unloving (and even dangerous) to push her to become someone she wasn't. Our feelings were confirmed when a close friend of hers, a girl her age with Down syndrome, was given her own apartment and expected to look after herself entirely. The girl had made impressive progress in the months before this, it is true, but the final step to independence was too much for her, and she suffered a complete breakdown.

It was always clear to us that Louisa, who thrived on community life, would never be able to cope with such a situation. Her gifts lay in her sensitivity to others, even complete strangers; her infectious happiness, her ability to share another's joy as if it were her own, and her heartfelt response to even the smallest kindness. As with other special children, it didn't take much to encourage her.

Racism and social injustice concerned Louisa greatly, and sometimes, when she was with a black person, she would put her hand next to his or hers and say, "Black and white together." In the last years, as her heart condition caused her own skin to darken from poor circulation, she would do this with another white person and say the same thing. The civil rights song "We shall overcome" became her theme song; to her it referred just as much to her own struggle for life as to the fight for racial justice.

Three or four years before she died, when she was in her mid-twenties, she entered a Bruderhof essay contest on the issue of Israeli-Palestinian relations. After enlisting support to put her thoughts on paper, she turned in the following entry:

...The Palestinians throw stones because the Jewish people take away their homes. But...the Jewish people are fighting for their homeland. The problem is: both are in the same place. They should forgive each other with loving hearts...All the nations should come together in peace and unity and sing "We shall overcome" and shake hands and hug one another. The heavenly kingdom will come on earth. Jesus loves the Palestinians and the Israelis. They will both come to the kingdom of God...

Louisa was born with an inoperable heart defect that became more and more serious the older she got. All the same, she rarely complained, and when someone asked her how she was feeling, she always answered, "Me? I'm fine!"

In the last year-and-a-half of her life, her condition gradually worsened, and especially in the last six months her heart grew much weaker. She refused to think of her sickness as anything serious, however, and resisted any attempts to treat her like a patient. She was determined to lead an active social life as long as possible. Even in the last weeks of her life she spent time writing cards, drawing pictures, and knitting a scarf for one of her friends.

Right to the last evening before she passed away she held on to life: she would wake out of sleep and say, "I am thinking about *life!*" Her happy chuckle was one of the last things to go. She did not want tears and sadness around her, but she understood the pain we felt and reached out to each person around her. She reassured us again and again, saying, "Don't worry, I'm just resting."

Louisa's humor, even in the most difficult moments, moved us very deeply. On her last afternoon she told a visitor who asked her how she was doing, "Don't worry, it's nothing serious. Think about Charlie Chaplin." Her joy in music, too, stayed with her right to the end. She always loved Beethoven's *Ninth Symphony* and responded to its message of joy very personally. In the last two days, when the energy to communicate this in words gradually left

her, she gave us the thumbs-up sign many times.

At about 3:15 on the morning of Louisa's last day, February 13, 1996, her final struggle began. She was wide awake, looking directly into each of our faces. Her soul was ready to go, but it took a great fight. Each breath was a milestone on her journey upward. We stood by her, assuring her that God's angels were with her and she would soon be victorious. The tape recorder was playing one of her favorite pieces — a children's Easter cantata— and during the last song, just at the words "Arise, fling wide the gates of Paradise," she took her last breath and went. It was a victory: at last she was free, called home to the upper world where there is only love, peace, and eternal joy.

Special children — whether mentally or physically disabled, deformed, autistic, or different in any other way — should never be rejected, either when conceived, when born, or when they reach adulthood. Like Bobby and Louisa, they can bring us far more than we might ever expect. Their lives are a clear testimony to the fact that each person, no matter how weak and vulnerable, is a gift from God, not least by reminding us of our own weakness and dependence on him.

## 17. ADOPTION

**A**side from the thousands of unborn children whose lives are snuffed out by abortion every year, thousands more are born but then left unwanted on our doorsteps. Some are rejected by parents who cannot face the demands of feeding yet another mouth; others are abandoned because they are malformed or crippled. In recent years, increasing numbers have been left in garbage cans and dumpsters by teenagers who cannot cope with the consequences of their sexual activity, or by adult mothers who are abusive, addicted to crack, or unable to survive economically.

Obviously, it is the biological parents of such children who bear the greatest obligation toward them. Yet at the same time, the abandonment of babies and small children is an indictment on all of us. We bear a guilt too — those of us whose privileged middle-class lifestyles have, at least in part, created the ghettos where every card is stacked against even those parents who do try to raise their children responsibly.

One concrete way in which we can fight the rising tide of child-abandonment is by encouraging young mothers to carry their babies to term, and then helping them to find adoptive parents. There are couples, also in our Bruderhof communities, to whom the joy of having their own children is denied by medical circumstances such as infertility. Many wait for years to adopt a newborn baby but are ultimately unsuccessful because of the endless tangle of legal requirements and the exorbitant fees that accompany the adoption process.

Although there are tens of thousands of children waiting for foster homes,

it can still take years of waiting and thousands of dollars to adopt a child. In some cases the selection process is slowed because children do not meet the high standards or particular wishes of prospective parents. Then, too, many government requirements are justified to protect babies and foster parents from illegal adoption agencies, some of whom make millions of dollars in stolen profits each year. All the same, it is clear that something drastic needs to be done to make adoption easier and less economically burdensome, even if safely regulated. Perhaps the trend toward private adoption agencies will show itself to be a partial answer.

Raising an adopted child is rarely an easy task. Many of the children put up for adoption have been victims of abuse and neglect, and even when this is not the case, the circumstances of their birth may leave them scarred in soul and spirit.

Further discussion of adoption is beyond the scope of this book, but let me leave the reader with the following thoughts. Though written more than a century ago, they still hold true:

Whoever adopts children must accept them with all their ingratitude; otherwise it will not go well. To take in children and expect thanks is unnatural and not right. As a rule, it will go badly. Children never show special thanks to those who feed and clothe them, apart from showing love the way children do. They take it quite for granted that we don't let them go hungry or naked, also that we don't do just the minimum for them if they see that we could do a little more. That is theirs by rights, whoever cares for them.

Many who adopt children, however, think that such children should acknowledge and feel awed by the fact that people who do not owe them anything (if that is true at all) take them in out of compassion. But that is just what they do not feel, so do not demand it of them. Love them without expecting thanks, even if they cause you a lot of trouble; you have to accept them along with their naughtiness. They will feel that, and will love you for it, but without words.

Often foster children are given what they need, but without love, and

they are made to feel this even in words. It hurts them deeply and can even give rise to hatred in their hearts...

Foster children do not want to have fewer privileges than the children they live with; they have a sharp eye, and if they see differences, it hurts them terribly. Why is that? They are simply children, and they do not see why one child should have more than another.

If you adopt children, adopt them fully so that they feel they can be really children with you and can simply make any childlike demand of you and indulge in any childlike ways. [26]

Finally, let us remember the wonderful promise of Jesus that “whoever receives a child in my name, receives me” (Mt. 18:5). Surely this applies to every couple, to every man or woman who takes a child into his or her home.



of intention we adults tend to assume. Children almost never mean things the way adults do, even when they commit the same wrongs. Nevertheless, it is an error to conclude from this that children are not susceptible to evil. They are, and they must be helped to choose right over wrong again and again. Their will is still completely free, and because of this they must not be left unprotected to fall prey to evil, but won over for the good.

The best way to do this is to build a relationship of mutual love and trust. Human nature being what it is, however, discipline will still be necessary as well. Certainly harshness or cruelty of any kind toward children is always wrong, but so is permissiveness. If we love God with all our hearts and long to guide our children to him, our relationship with them will contain the salt that true love demands.

When a child has done wrong — when he or she has taken something that belongs to someone else, been disobedient, lied, or hurt another child — discipline him or her as soon as possible. When this has been done, forgive him or her fully and move on to make a new beginning. Long-drawn-out punishments are never helpful.

Because each parent (and each child) is so different, I hesitate to advise a specific form of discipline. Sometimes it may be best to deprive the child (temporarily, of course) of something he or she enjoys; in other instances “time out” will be more effective; in still others a good row will be necessary. The main thing is that love motivates the discipline in every case, not impatience or anger.

In fighting sinful tendencies in children, it is critical that we remove the pitfalls caused by the sin in our own hearts and lives. True love for children means reverence for them, and this reverence has its roots in the love we have for God. When we have true reverence for God, for ourselves, and for our children, they too will find the same.

When children show off, for instance, or bully other children, we cannot only admonish them. We need to ask ourselves why they feel the need to make

themselves important. Is their behavior a cry for attention or a reaction to some lack of love on our part? And if we cannot clearly discern whether or not they have consciously decided to do wrong, let us not jump to conclusions.

Never try to catch children in the act and then use your evidence to prove their guilt. That is an act of moral violence. If you distrust children and read bad motives into their behavior, you weaken them instead of strengthening them. Likewise, never make children overly aware of their bad impulses. You will destroy not only their natural freedom and self-confidence, but also their trust in you.

No matter how many times your children get into trouble, forgive them. Who is to say that the tendencies you are struggling to overcome in them are not reflections of the same tendencies in yourself? “Forgive, so your Father in heaven will forgive you” (Mark 11:25). Never label them or be tempted to give them up as “hopeless.” Lack of hope is a lack of love. If you truly love your children, you will not throw up your hands in despair. Even at the end of the roughest day, you will not lose joy in them.

Lastly, don't neglect prayer. In *Baby and Child Care*, a book that influenced a whole generation of Americans, author Dr. Benjamin Spock assures parents that they know more than they think they know, and implies that when faced with the bewildering array of questions that inevitably arise in child rearing, they should trust their own God-given abilities. Parents do need to trust their judgment if they are to be effective, but they also need to realize that there is more to parenthood than techniques and methods. In searching for the best way to guide children, especially when they have done wrong, humble parents will turn first to God for help.

### **WILLFULNESS**

As sayings go, “Little children, little problems; big children, big problems” might be dismissed as an old cliché. Yet the fact remains that most clichés contain plenty of truth. Undisciplined three- and four-year-olds will grow into uncontrollable teenagers and adults. I do not mean to suggest by this

that parents should regard their children as potential problems, but simply that when they become so headstrong that they cannot control themselves, it should be seen as a serious matter and taken care of. More than a few battle-weary parents will be able to attest that one child's self-will can disrupt a whole family.

Regardless of how small a child is, there is no reason why he or she cannot learn to say "I'm sorry" after having done something wrong — and mean it. Humility takes a lifetime to learn, and parents who fail to instill it in their children when they are small will discover that it becomes more and more difficult as they grow older. The will of a small child may be guided with relative ease, but the will of a teenager can only be broken with strenuous effort.

### **SELFISHNESS AND JEALOUSY**

Selfishness and jealousy are not the same in children as they are in adults. Children are the center of their own little universes: they see the whole world around them from the perspective of their yard or playroom, and they own it. When they take something to themselves enthusiastically, it is not because they are selfish or possessive in the usual sense of the word, but because they have become absorbed in it. Such natural self-centeredness is not in itself wrong. All the same, every child needs help to overcome it as he or she grows older.

Generosity, like anything else, is learned by example. If you as parent or educator are not generous yourself, don't expect your children to share a toy or treat, or to give up something they are looking forward to. But if you refrain from interfering when they impulsively decide, for instance, to give away a best toy (even if you had just bought it, and it was expensive), they will feel your tacit approval for their generosity; they may even be less possessive about their other things in the future.

When a small child is jealous, help him (or her) to put himself in the shoes of the person he envies. Point out to him, for example, that the reason this or that child is getting all the attention is because it's her birthday today, and remind him that he had a party on his birthday, too. If he persists in making envious comparisons, remind him of all the children who never get anything,

or of the many children in the world who don't even have parents to love them. In most cases, this will be enough to address the problem. If it isn't, appeal to him by helping him to realize that even in the most ideal situations, life is never a level field; often, things simply are not "fair." On the other hand, don't forget the effects of a child's personality and place in the family. Is he or she the oldest child? the youngest? an only child? Don't show favoritism.

When children are selfish or quarrelsome, intervene in a positive way, helping them learn to work out their differences in friendship and love. On the whole, you will find that they have an amazing capacity for compassion. Always remember that your main focus should be on affirming this capacity, not on fighting their inclination to selfishness. In this way, they will begin to grasp the meaning of the two greatest commandments of Jesus: "Love God with all your heart, mind, and soul," and "Love your neighbor as yourself."

### **DISHONESTY**

When parents discover that a child has been dishonest, it is important to get to the facts of what happened, to encourage the child to face up to them, and then to help him or her apologize. It is rarely good to probe into all the possible motives; in fact, great harm has been done to children in this way. God knows a child's temptations and motivations, but he also sees much more — the deepest longings of the child's heart.

Often, embarrassment or shame will cause a child to wriggle out of something by means of a half-truth. If he (or she) is really afraid of the consequences of what he has done, he may tell an outright lie. None of this should surprise us. Don't adults lie for the same reasons? The heart of the issue is this: children sometimes lack the courage to admit their wrongdoings and must be helped to regain it. They must also be helped to feel genuinely sorry both for their initial misdeed and their dishonesty.

If you are relatively sure a child has lied, but not completely certain, don't press him or her to admit anything. Accept their answer with something like: "Okay, you say you didn't do it. But if you have anything more to tell us, you

can always come back.” In my experience, children will respond to this suggestion; they will even wake their parents in the middle of the night to admit a lie, because their conscience bothers them.

Again, never force children into making a confession. That will only scare them into telling further lies in the future. Sooner or later the truth will come out. When it does, let them know how happy you are, and share their joy in having made a clean slate of it.

Between the ages of three and eight (or even ten), some children let their imagination run wild and tell their playmates, teachers, or parents stories they firmly believe are true. Some children will even act out imaginary situations. At one of our Bruderhof schools, a video on water safety resulted in a six-year-old putting on a drowning act the next day. The teacher accused her of crying wolf, but the girl insisted that she was neither pretending to drown nor trying to scare her teacher. Most likely that was true: she was simply acting out what she had seen, perhaps to rid herself of her own anxiety after the film.

If a young child acts in this way, don't punish her, but exercise understanding and patience. She is not lying and should not be dealt with as though she were. She is simply expressing her inability to distinguish between reality and imagination. With older children, tackle such behavior, but don't make too much of it. Simply guide the child to recognize the actual facts of the situation.

### **MOCKERY**

Silliness is a common trait among younger children and usually erupts when they are aimless, bored, or looking for attention. In general, it marks the natural transition from toddlerhood to the preschool age and is nothing to be worried about. At times, however, it may lead to disrespect and mockery, and then it will demand firm inner guidance.

Games such as making silly faces may start out harmlessly enough, but when they escalate, they can become problematic, especially when they take on a rude or even nasty edge. The same is true of “bathroom talk,” where the



faults and misdemeanors they...learned from these very persons. Punishment...very often teaches children, or at least brings to their notice, faults of which they were previously wholly free. [29]

In regard to the question of children and the sexual sphere, Froebel's last point is especially well taken. Never ask a child too many questions, and do not project your own adult ideas, feelings, and experiences onto a child's mind. Young children simply will go through periods of sexual curiosity that lead them to expose themselves and touch each other, and this must never be mistaken for sin. Children will also ask questions about sex, in which case parents should answer truthfully and without embarrassment, though not offering more information than they have been asked for.

If a child offends in the sexual area, discipline him (or her) as you see fit--unless he is a little child, in which case simply distract him--and move on. Because the child will instinctively feel that what he has done is wrong, he may lie; still, parents should be careful not to make too much of the matter. Determine what actually took place, and again, move on. Lengthy questioning will only draw his attention to the sexual area all the more.

When children are disciplined too harshly, the ultimate purpose of disciplining them — helping them to make a fresh start — is overshadowed by the discipline itself. As soon as a child recognizes that he or she has done wrong and shows a desire to make amends, forgive him or her immediately and completely. Once forgiven, a child's wrongdoing should never be mentioned again. It should be forgotten, and the child should be helped to move on joyfully.

My parents, both educators, never tired of emphasizing what a great injustice it is to label children or adolescents for their misdeeds, especially in the sexual area. They said that it is always dangerous, in assessing childish "offenses," to draw hasty conclusions about the child's character and future development. It is far more constructive to help the child in question to find new interests.

In my experience, it is possible to find the way to the heart of any child by

appealing to his or her conscience. Every child has an instinctive longing for a pure conscience, and we should support this longing.

## 19. BUILDING CHARACTER

**W**e live in a time when “anything goes”; when there is the widespread feeling that we must never stand up too strongly for our beliefs, because we may hurt someone who does not share them. Certainly it is not right to be intolerant of other people’s convictions, or to force one’s beliefs on them by buttonholing them or trying to coerce them in any other way. At the same time, the fact that very few of us have ever had to stand up for what we believe has left us spineless. Many of us lack the depth of commitment that comes with being tested.

How can parents raise children with moral backbone — children who are able, as they grow up, to hold on to their convictions? First and foremost, they must instill in them a sense of moral courage, which is, very simply, an attitude of confidence, determination, and perseverance. In his book *Freedom from Sinful Thoughts*, my father writes how a person’s attitude to the difficulties of life determines his or her emotional well-being. This is just as true, of course, for children. They must learn to adopt an aggressive attitude to cold, heat, and fatigue, to apathy and indulgence, to fears, hurts, and disappointments.

Children need to learn to be plucky; they cannot dissolve in tears at every taunt or jeer. They must learn to withstand peer pressure and the humiliation of being despised for holding an unpopular idea. They must also realize that humility is no less vital to building character than the ability to think for oneself. It may take courage to hold an opposing viewpoint in a crowd of friends, but it takes just as much courage, if not more, to own up to a mistake or to

admit defeat when one is wrong.

Clearly, the formation of character only begins in childhood and must continue as a life-long process. Yet if parents lay a firm foundation for their children at home, set realistic goals for them, and live up to these goals themselves, they will not be disappointed. Foerster [30] says:

A child is educated not by having lengthy talks about “big” things, but by patiently teaching him or her to carry out the smallest and most ordinary tasks properly. Character is formed through training in the smallest and mundane things, not in the “stream of the world.” [31]

On a deeper level, a child’s strength of character (or lack of it) will have a bearing on his or her readiness to suffer for the sake of a conviction. Given the measure of religious freedom we enjoy at present, some readers may find it strange even to raise this issue. Yet, as anyone who experienced the McCarthy era in this country will attest, things can change quickly. Throughout history and right down to the present day, followers of almost every religion and ideology have had to endure periods of persecution.

The sooner our children realize that discipleship means suffering and hardship, the better equipped they will be for the future. I still remember how, as a child, I was deeply moved by a true story my parents read to me about a 16th-century miller’s boy who was executed because he refused to recant his “heretical” beliefs [32] — and how it made me think for the first time about the whole issue of standing up for one’s convictions. Although we should teach our children to live for the present and not burden them unduly with worries about the future, it will never hurt them to learn that faith does not preclude suffering. Jesus did not promise his followers good times. The greater our faith, the greater the opposition we may have to face because of it.



As soon as the boys saw Nelli take hold of the pole with those long, thin hands, many began to laugh. But Garrone crossed his big arms on his chest and shot such an expressive glance around, and made it so clearly understood that he was ready to stand up for Nelli, that they all stopped laughing at once.

Nelli began to climb. He tried hard, poor little fellow; his face turned purple, he breathed heavily, the sweat ran down his forehead.

The master said, "Come down!" but he wouldn't. He struggled and went on. I expected every minute to see him slip down, half dead. "Poor Nelli!"...

In the meantime, [the other boys] were saying, "Up, up! Nelli, try! Once more! Courage!"

And Nelli made one more violent effort, gave a groan, and found himself within two handbreadths of the cross bar near the top.

"Bravo!" cried all the others. "Courage! Just one more pull!" and there was Nelli holding the bar.

"Bravo!" said the master. "But that will do. Come down now."

But Nelli wanted to climb to the top like the others; and after a little effort he succeeded in getting his elbows on the bar, then his knees, and then his feet. Finally he stood upright, breathless and smiling, and looked at us.

We began to clap our hands, and then he looked into the street. I turned in that direction and...saw his mother, who was walking up and down the sidewalk, without daring to look.

Nelli came down, and we all made much of him. He was excited and rosy; his eyes were shining, and he did not look like the same boy.

Then at the close, when his mother came to meet him and...asked a little anxiously, "Well, my dear child, how did it go?" All the boys answered together, "He did well. He climbed like the rest of us. He is strong, you know. He is quick. He does things just like the others."

Then you should have seen the lady's delight! She wanted to thank us and couldn't. She shook hands with three or four...and carried her son away. And we watched them for a while, walking fast, perfectly happy, both of them talking and gesticulating.







## 22. PHYSICAL WORK

**W**e live in an era when modern technology has relieved us of almost every task our grandparents once performed — from chopping wood to carrying water. Technology is not the only reason for this, however: attitudes to children and work have changed dramatically in the last hundred years, and to many children physical work is a wholly foreign idea. In many homes, parents simply do not expect their children to work, even to make their own beds, wash the dishes, or mow the lawn. A friend recently wrote to me:

I'm not sure my generation ever really grew up. We don't know what it is to make sacrifices, to give unselfishly in ways that won't ever be recognized. Many of us are still seeking the perfect partner, the perfect car, or some other kind of elusive happiness.

While no one in his right mind could desire a return to the days of child labor, sometimes it seems that the pendulum has swung too far the other way, that we have forgotten the value of work as an important tool of education. Physical work will not harm children; in fact, it usually does wonders for them. When you give a child a chore to do, you develop his or her ability to follow instructions. In helping to see it through to completion, you help the child build initiative and perseverance. Afterwards, you can praise him or her and instill pride in a job well done.

Where I grew up — the hinterland of subtropical Paraguay — hard physical work was part of daily life. One did not need to look for it. There was



## 23. FAMILY INTERACTION

Over the last three decades, study after study has shown that family life has a greater influence over a child's mental development and academic performance than anything else, even school. Without parental interaction, it seems, effective education remains an elusive goal. To most readers this should come as no surprise; after all, anyone who has been around children knows that they thrive on parental love and attention.

As I have emphasized in a general way throughout this book, anything that a family does *together* matters. Regular family meals are especially important. Research even shows a correlation between test scores and the frequency of meals taken together by the family. Eating together gives parents and children an excellent opportunity to talk about many things — school activities, plans for the weekend, or ideas for the next family trip. Mealtimes can also provide occasion for broadening a child's horizons through discussions about local and world news, current events and issues, and books they are reading at home or at school. Encourage your children to contribute their perspectives to the conversation.

Don't forget the significance of breakfast. When my six sisters and I were growing up, our parents used to eat breakfast with us every school day and then send us off with an encouraging word. They did this for years, until my youngest sister graduated from high school. Aside from providing a reason to get together on a regular basis, this beginning to the day often made all the difference at school.

If you have school-age children, welcome them home when they return in the afternoon. Take time to talk to them about their day. Just as important, listen to them and show a genuine interest in everything they have to tell you. When they bring home assignments, make sure they do them, and do them neatly. Most children find ways to get out of doing their homework whenever they can, but if you insist that they see it through (setting a regular time and place will help) they will soon become used to making it a regular part of their afternoon or evening.

Help your children with their homework — they will be unendingly grateful to you. Children are surprisingly responsive to adult enthusiasm for their work, and often it won't take much to turn drudgery into something they look forward to doing well. Even if you lack the background in a subject like math, where teaching methods have changed drastically, you can still show interest in your child's progress.

When a child has difficulty in a particular subject, find ways to build his or her confidence by providing extra encouragement, especially if he or she has low self-esteem. Keep in close touch with teachers too. If the problem persists and seems unsolvable, inquire about tutoring or even remedial help. Remember, however, that a child's academic progress is a reflection of only one part of his or her life. Don't make too much of it, and don't compare him or her with other children. A child who shows consistent effort and self-discipline deserves as much praise as one who sails through every course with flying colors, even if his or her report card is not as good. I used to spend hours and hours on my homework, but I still got C's and D's. I failed several subjects. Yet instead of scolding me, my parents always encouraged me, and this kept me going.

Parents who neglect to take an active interest in their children because they are "too busy" do them an injustice. Children long for contact with their parents. Most will not be able to verbalize this longing, perhaps, and some may not even be conscious of it, but it is there in every child. As parents, we must always be ready to answer it.

## 24. THE IMPORTANCE OF READING

If you love your children, read to them. There is no better way to spend time with them. Whether fiction, biography, history, fairy tales, or stories from the Bible, anything you choose can bring you together in a way that will have a positive impact on your relationship for the rest of their lives.

It is never too early to read to a child. Even a baby enjoys the sound of his or her mother's or father's voice and the visual stimulation of a simple fold-out book. And an older infant or toddler, although unable to sit for a proper story, loves to flip through a picture book or colorful magazine. Reading to children is the first, most vital step in preparing them to read on their own: it develops their ability to sit still and concentrate, even if for a short time.

Albert Einstein said, "If you want your children to be brilliant, tell them fairy tales." Legends, tales, and folklore in general provide wonderful material for a child's imagination. Beyond that, they contain themes of great inner value: suffering and redemption, the victory of good over evil, the mastery of fear, the spirit of adventure, and the importance of a virtuous life — of humility, purity, generosity, and self-sacrifice. Of course, not only fairy tales, but all good stories, and in a special way the wonderful, simple stories of the Old and New Testaments, can help children to make sense of their lives and to affirm their childlike recognition of truth.

Reading and being read to are vital activities: they spark the desire to learn. If this desire is missing, no amount of parental effort will help. Once your children can read by themselves, continue to read to them, but encourage

them to read on their own too. Suggest good books — books that will inspire them to pick up others — and tell them which ones you loved as a child. If their interests are different from your own, ask yourself what might inspire them. What are your children's hobbies and favorite classes? If they don't seem to have any real hobbies or guiding interests, think of topics that might stimulate them to pick one up, and help them find books on the topic.

If a child has difficulty learning to read or seems to have no interest in reading, read to him or her all the more. In this way he or she will be able to keep abreast of peers who gain additional knowledge by reading on their own.

Reading to your children at home can break down the boundaries they may perceive between home and school. It sends them the message that learning is not only valuable, but fun. Every minute spent around a story can further cement the bond between you and your children at a crucial age and give them something they will treasure for the rest of their lives.

## 25. ACADEMICS

In many school districts across the nation, the curriculum has become increasingly geared to the production of academic “superkids.” The stated intention is to prepare children to meet the challenges of the 21st century, and that in itself may be commendable, but the means by which this goal is achieved is worrying.

Many educators and public-policy experts press for higher academic standards because they are worried that the United States is losing its competitive edge in the international market. Their fear is valid enough. Already for years, the test scores of American students have lagged far behind those of students from other industrialized nations. Yet is the root of the problem really a matter of academics?

Many of today’s children deal daily with issues almost unheard of in their grandparents’ (or even parents’) day — from teen pregnancy and the accompanying fear of AIDS, to guns in the playground, widespread domestic violence, and homelessness. (Even in our suburban New York county, an estimated 400 students live in shelters for the homeless.) Is it really any surprise that SAT scores and literacy levels are down, that geographical knowledge is at an all-time low, that math and science performance continues to drop off? Isn’t it simplistic to think that change can be brought about merely by lengthening the school day or adding Saturday sessions?

It is well known that even as performance levels continue to drop, increasing numbers of high school and grade school children are being driven into





## 26. THE GIFTED CHILD

Sometimes it seems that certain children get all the lucky breaks, while others have a rough time simply coping with life. One child consistently brings home straight A's on her report card and goes on to become the valedictorian of her graduating class, another cooks with flair, and another has musical talent or athletic ability. Still another seems gifted in every way, with a handsome build, lots of friends, good grades on every report card, and the best throwing arm in the school. Then there is the child who struggles and slogs through his homework every night but never gets a good grade, the girl who feels she is all arms and legs, or the boy who's always getting into trouble. Obviously, every child — every human being — is blessed with different gifts and abilities, strengths and weaknesses. Children must be brought up to accept this fact. But parents must accept it themselves and refrain from comparing their children with others or pushing them to be people that God may not have intended them to be.

In my experience as a father and grandfather, a gifted child has a special burden to carry. It is the same with physical beauty, which has been called the “golden curse.” Too often parents tend to show off a beautiful or talented child, flatter her, or treat her with favoritism. Teachers are prone to doing the same. If only they realized what harm they are doing to the soul of the child! Not only do children who are made overly conscious of their talents or abilities have difficulty relating to their peers; often, they grow up forgetting that their gifts are not their own, but given to them by God to be used for his

glory. Sometimes they even think that they are inherently better than others, and feel that they have more to contribute to the world than their peers. If a sibling or friend of such a child happens to be a slow learner, or is even just somewhat less brilliant or assertive, it may take only one slightly negative remark to heighten his awareness of his own lack of gifts in a damaging way.

It is never helpful to label a child in a way that assesses his competitive value, either as a superstar or an underachiever. God has a purpose and a plan for every one, and to ignore this fact is unhealthy. Parents and teachers should do all they can to encourage and develop a child's gifts and abilities, but they should never do it through flattery, and certainly never at the expense of another child whose gifts are different.

Given the highly competitive climate of today's world, especially the shrinking job market, it is understandable that our educational system puts greater and greater emphasis on preparing children for the fast track. All the same, we dare not forget that to idolize a child's gifts, no matter what they are, is to do him or her a grave disservice. The world may well need Albert Einsteins and Isaac Newtons, but it also needs men and women who relate to each other on the simple, down-to-earth matters of the heart that give life its deepest meaning. It needs people like Paul, who recognized: "If I understand all mysteries and all knowledge but have not love, I am nothing" (1 Cor. 13:2).

I still remember my parents' insistence that no matter what we children did later in life, we should never let pride in our gifts prevent us from humbly serving others. When my younger sister Monika was still at medical school, they wrote to her that even if she became a doctor she should never despise a life of serving, of washing the feet of her brothers and sisters, as it were, like Jesus washed his disciples' feet.

Sometimes common sense and practical know-how are more useful than intellectual ability. The child who has the hardest time learning to read and do long division, for example, may be the only one in the family who is able to repair the lawnmower or to take an engine apart. One summer a teenager I

knew, a young man who had the highest IQ ever recorded by the local school system, repainted a neighbor's roof. He climbed up with his paint bucket and roller and started to paint — from the bottom to the top. When he got to the top he realized he was in trouble. On the way down, he slipped on the fresh paint, fell off the roof, and broke his leg. It was a painful lesson, but a valuable one.

No one is too gifted, or too poor in gifts, to love. Whether brilliant or dull, disabled or athletic, all of us can give our lives in service to others, and to Christ. His way, the way of compassion and humility, should be the moral compass for each of us and for our children.

## 27. TEACHING SCIENCE

**T**he root of the word “science” is “to know,” and its original meaning is simply the possession of knowledge as opposed to ignorance or misunderstanding. God gave us our brains and the ability to discover, to observe, and to learn. For us who believe, what we learn gives us reason for praise; it fills us with wonder at the omnipotence of the Creator and the beauty of everything he has made — from the sky at morning to the buds of spring.

In the same way that we can see the hand of God in the world around us, we can recognize it in the branches of science that analyze it: biology, chemistry, physics, astronomy, and mathematics. Far from weakening our faith, these can strengthen our awe at the power of God manifested in creation and strengthen our love for him.

Unfortunately, much of what is taught today in the name of science is characterized by a complete disregard for God. Naturalism — the belief that the physical or material world is all that exists — is treated as a basic fact, and anything that questions its assumptions is quickly dismissed as religious superstition. William Provine, a biology professor at Cornell, writes:

Modern science directly implies that the world is organized strictly in accordance with mechanistic principles. There is no purposive principle whatsoever in nature. There are no gods and no designing forces that are rationally detectable...

Second, modern science directly implies that there are no inherent moral



more questions than answers, with more wonder than actual knowledge. Even the greatest scientists of this century recognized that. Einstein himself is said to have commented that anyone who is “not lost in rapturous awe of the power and glory of the Mind behind the universe is as good as a burnt-out candle.”

Admittedly, the Bible leaves the inquiring mind with more than a few questions. In Genesis we read that God created the world and everything in it in six days, and that on the seventh day he rested. We read, too, that he created man on the sixth day, and made him of clay. Then in 2 Peter 3:8 we read that “for God one day is like a thousand years.” Whether the sixth day was twenty-four hours or one thousand years, or whether the piece of clay had for a time the form and stance of an ape, is not at all important. For the believer, the decisive issue is the fact that at a certain moment, God breathed his breath—the breath of life—into man, and in this way made him in his image. At that inconceivably great moment, man became a living creature endowed with an eternal soul.

Whether “creationism” or “evolutionism” carries the day need not detract from our faith in the Creator of all things. In the end, the essential conflict is not so much *how* human beings came about, but *what* they are in relation to the rest of life. Even if it were proved that we humans evolved from apelike creatures, I would still believe we are set apart; that we are not just one species among the many that inhabit our earth, but exist on a higher plane. As human beings, we possess consciences to know right from wrong; hearts that can feel love and compassion, and minds able to acquire and develop abstract knowledge. Because of this, we are responsible for our thoughts and actions and must answer to God for the choices we make.

Whatever we teach our children about the creation of the world and the origin of man (or about any other topic of science, for that matter), let us remind them—and ourselves—that at root, the controversy lies in the eternal conflict between God and human pride. Perhaps that is the most vital recognition we can pass on to them. Naturally, we ourselves must recognize this



## 28. SEX EDUCATION

Sex education in the public schools began as an offshoot of the sexual revolution of the 1960s. Like the revolution itself, sex education as it is commonly taught in our schools is based on the premise (even if not stated) that sex is primarily a form of recreation. Its goal, therefore, is to instruct teens on how to engage in sexual activity while avoiding pitfalls such as unwanted pregnancies or sexually transmitted diseases. It is unlikely that this goal will be openly admitted, even by the strongest advocates of sex education. Yet an honest look at the materials used in most schools can only lead to the conclusion that this is indeed the actual intent.

Most sex education, it must be said, takes place not in the classroom but outside of it. The message of the sexual revolution — “if it feels good, do it” — is broadcast more boldly every year on television, in movies and videos, and in popular songs, books, and magazines. Even if sex education were completely removed from our schools, our children would still receive the same miseducation from the entertainment industry.

As parents, we must ask, “What have thirty years of sex education in the public schools, and thirty years of increasingly explicit sex in the media, brought to our society?” The answer is: disaster. Sexual activity has increased dramatically among teenagers, and led to the highest rates of teen pregnancy, abortion, and venereal disease in the world. The incidence of AIDS is rising higher among teenagers than among any other group. Meanwhile, marriage has declined to such an extent that 30% of American children are born out



the life of the body to the life of the soul..

I am aware that this is an unpopular view. People say that sex education in the home never works: parents won't bring up the subject, and children are left to inform themselves by alternative, usually less desirable, means. Judging by the number of sexually confused teens in the world today, many parents do fail miserably. Yet why should we admit defeat? It is high time that the trend was reversed, that parents shoulder their responsibilities again and become their children's primary educators, with the school providing secondary support — not vice versa.

Over the years I have counseled dozens of couples who felt uncomfortable or inadequate in speaking to their children about sex. I have always encouraged them to speak to their children anyway. There is no harm in asking the advice of a close friend, a pastor, or a trusted teacher. Yet parents should never forget that their children are first and foremost theirs. When parents relinquish to others such a centrally important aspect of their children's upbringing, they rob parenthood of one of its fundamental tasks and miss a vital opportunity to build openness and trust.

Because the right time to approach sex education will be different for each child, I hesitate to say when it should be done. I will say, however, that one should take every opportunity that comes to instill reverence, and answer a child's questions openly and without embarrassment, though without giving him or her more information than asked for.

In my experience it is wise not to give a child too much "scientific" information too soon. When a three-year-old wants to know where babies come from, it is enough to say that God gives babies to their parents as a special gift. This will satisfy the little questioner--and it is also deeply true. An older child will be able to understand that the new life comes into being through the uniting of a special cell from the father with a special cell from the mother.

When a child reaches puberty, it is time to explain sexual intercourse and its role as a means for a husband and wife to express their love to each other

and bring new life into the world. Each couple will find their own way to talk about this. The indispensable key is that as parents, we ourselves have reverence for sex. If we view sex as a beautiful and holy gift from God, we will be able to convey this to our children.

Again, don't miss opportunities to teach your children! You were once a teenager yourself, and surely you had questions of your own as you grew up. Do your utmost to ensure that your children will be better equipped than you were to understand and handle their sexuality. The best way to help children feel secure about themselves is to give them a secure relationship with you. Let them know that you are there for them, ready to talk, and ready to listen.

Lastly, don't forget that actions speak louder than words. The way you and your spouse (and other adults) behave in front of your children is far more significant than what you tell them about the reproductive process. In short, remember that you shape your children's attitudes to sex long before you talk about it. Be an example to your children. That is always the best education.

### **HOMOSEXUALITY**

Although I have intentionally refrained from suggesting exactly what parents should teach their children about sex, I would like to say a few words about homosexuality. Aside from abortion, few other topics are as inflammatory, especially when it appears in a public school curriculum.

As most gay rights advocates will admit, their main goal in bringing homosexuality into the classroom is to legitimize their lifestyle by fostering understanding and acceptance. Citing separation of church and state, many of them promote the idea of a learning environment where no values are imposed on students. Increasingly, they succeed in pressuring school administrators and curriculum committees to avoid "religion-based" ideas such as abstinence and to support the promulgation of their own "neutral" agenda instead.

Few opponents dare to stick out their necks to point out that a neutral, value-free classroom simply cannot exist. Dress codes and campaigns for drug-free schools may indeed represent values (so do ideals like honesty in test-tak-



## 29. ART, CRAFTS, AND MUSIC

**I**n spite of the fact that most school systems treat art as a sideline, more and more educators are coming to realize what the art teachers have been saying all along: art is not a frill, but one of the most important and enjoyable areas of a child's education. Art opens new doors of experience by helping children to see the world around them in new ways. It sharpens their powers of observation, heightens their sense of appreciation, and awakens them to the possibilities of their own hands, hearts, and minds.

Art can help children to develop socially and emotionally, too. When they are encouraged to give form to their ideas, they learn the value of self-expression. In discovering their ability to create, they become conscious of their imagination and their freedom to make choices. And in mixing colors or combining materials to make new ones, they can learn to think in terms of change.

As a means to explore shapes and textures, quantities, sizes, and proportions, art can also aid children's intellectual development. It helps them to grasp the concepts they will need in learning to read, write, add, and subtract; it stimulates inquisitiveness, critical thinking, and a healthy self-confidence. Physically, it develops fine motor control and hand-eye coordination. In short, art is a window to new horizons in every sphere of life.

Small children need and love daily chances to experiment and explore, to "mess around" at their own unhurried pace. Let them crumple and tear magazines or newspapers, cut and paste scraps, shape playdough or clay. Let them scribble to their heart's content: it is as natural and necessary a step toward

drawing and writing as crawling is to walking. Don't feel you have to be an artist yourself, and don't try to "teach" your child art. Help him (or her) to discover it for himself. The fact that blue and yellow make green means more to a child when he finds it out on his own.

Creativity should be encouraged from early on. In our Bruderhof schools our teachers have noted that if art is neglected in the lower grades when children are relatively uninhibited and free — willing to experiment, to make mistakes, and to try again — it will be more frustrating for them to try to express themselves when they are older.

In the first three or four years, the enormous joy and satisfaction a child experiences in the act of creation itself is the most important factor. Don't underestimate this. You may see the result of a project as its most significant aspect, but for the child, the value of the activity is not measured by the finished product. The fun of doing it is just as satisfying. Later, of course, the end result will become more and more important, and with it, the encouragement (and, when called for, constructive criticism) that lets the child know his or her art is valuable.

Always treat a child's work with respect. Never belittle it or criticize it. When children are made to feel that what they make is not only a form of self-expression but a gift to be shared, their enthusiasm for further progress will grow. Show appreciation by making suggestions: "Next week is Grandma's birthday. Why don't you give her that picture you painted?" A child's artwork has brightened the day of many a hospitalized friend, elderly neighbor, or local prison inmate.

Children are always eager to participate in life as fully as possible, and as parents and educators, we must continually find ways to respond to their eagerness. If we do not occupy them in constructive ways, we should not be surprised if they become restless and bored. With younger children the problem is easily solvable; with older ones, it can be more difficult. Kathy Mow, a Bruderhof artist who has taught in our schools for some forty years, writes:

*A Little Child Shall Lead Them*



the leaves, the return of summer — music can enrich life by bringing people together for celebrations or times of grief and adds meaning to even the most mundane event.

As children grow, the best way to build their appreciation for music is to sing together. An evening around the fire with a guitar or an hour spent singing around the piano may seem romantic or outdated to some, but there are few activities that bring a family together so closely. Even if both parents are unpracticed or lack musical gifts, a little enthusiasm can go a long way. Marlys Swinger, a Bruderhof composer and music teacher, writes:

The language of music is a stepping stone to the soul of a child...It can be as natural as the beginning of speech. I have known children who hummed or chanted recognizable tunes before they said words! When parents encourage a child's musical development by singing to him and with him, it will only be a matter of months before the child knows dozens of songs.

The overall environment a child grows up in has as much to do with his development as with the particular music he is exposed to. Is the home a place of harmony and love, or one of discord? Has the child grown up with lullabies on his mother's lap, or does the only music in the house come from a radio on the kitchen table?

When your children are old enough to learn to read music, encourage them to join a school or church choir. If possible, inspire them to learn an instrument: aside from developing children musically, lessons encourage creative self-expression, concentration, and perseverance. Expose them to a variety of musical forms by taking them to concerts, and talk about the program afterward. What did the music say or mean? Was it good music? What constitutes "good" music?

In trying to decide whether or not your child should have music lessons, it is vital to consider the following: does the child really want lessons on the instrument? Is she ready to take on the discipline of daily practicing? Does she





feel that growing and harvesting tomatoes in the school garden plot, measuring rainfall, pressing flowers or ferns, and watching birds are every bit as vital to our children's education as reading, writing, and arithmetic. Needless to say, even these can be learned by activities outdoors. One of the highlights of our school year each spring is maple sapping — an excellent way to combine math, science, nature study, and good hard work.

Bringing up children in nature is not just a matter of teaching them facts about the world around them. It means instilling in them the desire to learn. In many instances it is they who pave the way for us. Through their curiosity and eagerness we rediscover the marvels of the creation and feel a new reverence for all of life. How can one watch with a child as a butterfly emerges from a chrysalis, and not sense a miracle? How can one watch a mother robin feed its young, or watch puppies play, and not feel joy? How can one experience the changing of the seasons and not sense the rhythm and harmony of the universe?

Children who grow up in nature will not easily lose their sense of wonder; on the contrary, it will remain with them into adulthood. Sometimes it can even guide them in their search for faith. A former student in one of our schools, now a mother of four, recently wrote to me:

In my teenage years and even earlier, a quiet walk in the woods or a few minutes watching the sun set were deep experiences for me — a healing during troubled times, a chance to find inner quiet, a physical way to come close to the creator. Being alone in nature, I found out how real God is.

Naturalist Rachel Carson writes in the same vein:

What is the value of preserving and strengthening this sense of awe and wonder, this recognition of something beyond the boundaries of human existence? Is the exploration of the natural world just a pleasant way to pass the golden hours of childhood, or is there something deeper?

I am sure there is something much deeper, something lasting and significant. Those who dwell, as scientists or laymen, among the beauties and



turn.” Or, “It’s Saturday--time to clean the hamster’s cage.” Sometimes a pet can even be a help in drawing children out of themselves, particularly in the case of an only child or one who has few or no close friends.

Caring for pets can also teach a child many things about the cycle of life. The death of a much-loved dog, hamster, or hen is an important event in a child’s life and should not be brushed off lightly. It is an important moment to talk about death. In the same way, watching a mother rabbit create a nest and prepare to give birth can provide a springboard for valuable discussions about reproduction and birth.

Most important, taking care of a pet encourages compassion. Every child is attracted to a running spider or a jumping toad, and many will gleefully go after it. Older children, especially, may throw sticks or stones at a bird or animal, or try to step on a beetle or lizard. Though most will respond to a gentle admonition, some will not. For children who persist, learning to look after a pet can help them to overcome their childish tendency to cruelty and instill in them reverence for life.

## 31. HOME SCHOOLING

**H**ome schooling in the United States is no longer an insignificant or unorganized movement. Although almost nonexistent twenty years ago, it continues to spread rapidly. In the early 1980s there were 15,000 home schoolers; since then the number has escalated to about 1.5 million. [49] Home schoolers have not only become better networked, but are accomplishing many good results.

It is no accident that more and more people are educating their children at home. Despite the many dedicated individuals who teach in public schools or who care for children, today's schools and day care centers are in serious trouble. Fewer and fewer children are receiving the nurture, attention, values, and skills they need in order to flourish. Tied together with this is the fact that many children today spend very little quality time with their parents. Family life is becoming fast extinct. Home schooling is an attempt to return the family to children--children who desperately long for the loving authority that only parents can give.

There are many good reasons why parents home-school their children. Some couples feel that by giving their children one-on-one attention they are able to give them a better, more rounded education. Many home-school for religious and moral reasons. Learning from Mom or Dad can secure the child with an atmosphere of faith and a moral environment that fosters character and discipline.

Some couples home-school simply to solidify their own sense of family

togetherness. Still others are concerned about the physical safety of their sons and daughters in increasingly violent school settings. These reasons--and there are surely many others--are both understandable and justified.

In recent months I have read many articles on home-schooling, and the more I have read, the more enthusiastic I have become. One thing is clear: as churches, we need to give more credit to the parents who make up this movement. Despite its growing pains, it is providing an answer for growing numbers of children whose educational needs were not being met. Perhaps most significantly, it has encouraged new dialogue about the importance of better communication between the various sectors of the educational community--private, public, and parochial--and the home.

Obviously this book is not the place for an in-depth study of home schooling. In any case, the issue at stake is not whether one set of principles is better than another, but whether each child's educational needs are being adequately met.

All the same, I want to make several short, personal observations. First, although an increasing number of fathers are becoming involved with their children's education at home, it is good to remember that in most cases, the burden of home schooling still falls largely on the mother, who is often the one who also cleans, cooks, shops, washes the laundry, and takes care of any children still in the home. Women who home-school their children in addition to doing all this deserve praise for their willingness to take on such a burden for their convictions, and they should expect the full support of their husbands.

Second, most parents do not have the resources to teach their children beyond the elementary level, and sooner or later integration into a public or private school system may become unavoidable. At the Bruderhof, where we have integrated many home-schooled children into our private schools over the years, we have found that the step is not an easy one. Often these children lagged behind the others of their class academically; in some cases the gap was

two years or more. Such a gap is difficult to breach. For one thing, there is material that the new child needs to catch up on in addition to current assignments; then, too, the child, who is suddenly conscious that he is behind his peers, needs extra encouragement, attention, and help.

Admittedly, many home-schooled students who are integrated into public systems come out ahead of their peers academically. Yet even then, social adjustment problems may remain, especially when the home-schooled child has been brought up in an overly sheltered environment, or when a parent has been the sole caregiver, teacher, friend, and playmate. Home schoolers are becoming increasingly aware of this danger and are concentrating their efforts on building mutual support systems with other families; they are also providing social environments beyond the home for their children. This is commendable, but also vital: parents and children need more than each other to flourish. God has created us for community with others.

What is the best route for parents who question the wisdom of sending their children to public school but cannot afford a private one? Obviously, there is no single answer; every couple, every child, every school district is different. Yet I am certain that no matter the setting — the home, private school, parochial school, or public school — ways can be found for parents to raise their children according to their own values. Even in cases where a couple is forced by circumstances to enroll their children in a public school they would rather avoid, they do not have to give their children's spiritual education up for lost.

Every school has at least a handful of teachers who are genuinely concerned for the moral education of the children in their care, and most will be happy to talk over parents' concerns regarding classroom discussions, texts, or audio-visual materials. More often than not, relationships with faculty and staff must be initiated by parents, yet it is rewarding to see how regular contact, whether by phone or in person, can build lasting friendships with teachers and administrators.

Most important (as I have emphasized earlier in this book), there must be a relationship of mutual trust between parents and children. Without it, even the most guarded home-school setting will guarantee nothing; but with it, the worst experiences of the school day can become opportunities for exchange.

When children feel genuine interest and trust on the part of their parents, they will be willing to discuss openly everything they experience at school. Further, they will not resent their parents' guidance and correction, because they will feel it is administered for their own good. Finally, they will dare to take a firm stand against whatever negative peer pressure they might meet during the school day and develop enough strength of character to withstand any ridicule they may have to put up with as a consequence. Even if painful, this is always a valuable lesson.

## 32. THE TRANSITION TO ADULTHOOD

**I**t is a privilege to be with young adults; to work with them, to share their joys and struggles, to be a friend to them, and to guide them toward God as they enter adulthood. Granted, adolescence is not a smooth phase of life, and there are very few teenagers who pass through it without at least a few rough patches. For many, it is the most turbulent time of their lives.

Everyone knows that teens' bodies and minds develop and change tremendously during adolescence, yet we sometimes forget that this causes their whole outlook to change too. Suddenly they have left childhood behind and entered the adult world, and even though most of them may be relatively uncertain of their goals in life, they are determined to spread their wings and try out their new freedoms. On top of this they are faced at almost every turn with the unavoidable tension between submitting to peer pressure on the one hand and parental authority on the other.

Adolescence can be perplexing to fathers and mothers too. Try as they might to help their children enter adulthood without losing the values they have struggled to instill in them, it often seems that everything is set against them. Most teens spend precious little time with their parents, and in a very real sense "parenting" falls to high school teachers, classmates and friends, and the ever-present media.

Having said all this, I still firmly believe that adolescence can be a wonderful time, especially in the sense of providing parents with the last opportunities to cement family bonds before their children leave home and go their

separate ways in the adult world. It may be a difficult period of life, but why should it be a particularly negative one? Is it possible that psychologists and sociologists have overemphasized the downside of adolescence to such an extent in the last forty years that our children cannot help living out the stereotypical adult fears?

I have seen time and again that if parents build a foundation of love and trust when their children are small, it is possible to guide them through their teen years without locking horns at every step. Naturally, all children go through a rebellious stage at one time or another; and the older they are at the point they rebel, the more effort it will take to come through. All the same, we should never forget the ups and downs of our own teen years. Why should we hold our children to a higher standard? Let us always seek to have patience and love in our dealings with them, even when we are tempted to throw them out of the house. Let us be friends as well as parents to them.

Jesus stresses the importance of daily forgiveness, and this is especially vital in relationships with teenagers. Even if they test us to the limit — even if they break every rule — they should never have to live in fear of losing our love. Teens do need to learn to take the consequences when they have done wrong, but they must also realize that we will always love them no matter what they do. If we are not able to forgive them fully when they admit their mistakes, they will lose their trust in us. Johann Christoph Blumhardt writes:

Often parents demand too much submission from adolescent or grown-up children; they put a certain pressure on them even in trifling matters, as if they were still small children. They are intolerant toward them... These parents correct, punish, and find fault far too much, and there is never an atmosphere of friendliness. [50]

In my experience, the root of the problem Blumhardt describes is often a false understanding of love. In a family held together by an unhealthy emotionalism, parents tend to “love” their children by hanging on to them in a possessive, overprotective way. They pamper them and hope to be loved in return







### 33. MATERIALISM

**A**s mentioned earlier, I spent most of my childhood in the backwoods of South America, and during my first seven years our family lived in acute poverty. For food we sometimes had to be satisfied with the bare minimum: cornmeal mush with molasses. Bread spread with lard and sprinkled with salt was a treat. Yet in spite of the economic hardships, I would find it hard to imagine a happier childhood. Why? Simply because my parents loved us children, and our happiness depended on that — not on toys, treats, or money.

Today, despite the third-world conditions of many inner-city neighborhoods and the growing threat of financial insecurity to many middle-class homes, most families in our society enjoy unprecedented material standards. Ironically, however, their relative wealth seems to have brought them little happiness. That is because for many families, money, work, and the pressures of modern life have pushed children further and further into the background.

Many parents who allow their work to drive them, even at the expense of their children, feel that they have no other choice: they do so in the hope of providing a secure financial future for their children, and for themselves. In itself, this is not to be belittled. Yet if we look at our society (and ourselves, for we make up society) we must admit that all too often what sways our decisions is not really our children, nor even their futures, but money. Certainly it is impossible to live without money and material goods. Every family must earn a living and see to it that money is set aside for the future. In many cases,





























## 36. THE NEED FOR COMMUNITY

If there is anything I would like to leave the reader at the close of this book, it is Foerster's simple reminder that with respect to education in particular, it is never the mere word, but the word become flesh, that frees. It is one thing to read (or write) a book about educating children, but quite another to actually do it. Words, after all, are easy to come by, and so are theories and ideas, anecdotes and suggestions. For that matter, so are PTA meetings, conferences, and forums. Workable solutions are much harder to find. Yet without them, without positive, practical outcomes, all of the many good things we do in the name of education are useless. In the end, each of us — parents, grandparents, aunts or uncles, teachers, mentors, or friends — must find concrete ways to meet the individual needs of the children entrusted to our care and guide them toward adulthood.

To raise children is certainly a privilege and a joy, but it is also a great responsibility that demands prayer, patience, and hard work. These days it often seems a daunting task and requires courage as never before. According to an ancient saying that has become one of the most repeated educational slogans of our decade, it takes a whole village to raise a child. The thought is definitely a valid one: parents represent only two of the many factors influencing a child's development. The messages he receives from teachers, from those around him, and from society at large have every bit as much bearing on him as those he receives at home. For any of them to be effective or successful, they must work together. As William Damon, a noted author and professor





## ENDNOTES

1. Paraphrased from Eberhard Arnold, “*Der Kampf um die Kindheit*” (1928), (Archives of the Bruderhof Communities, EA 28/5).
2. Christoph Friedrich Blumhardt (1842-1919), Lutheran pastor, author, and influential Religious Socialist.
3. From “*Nachschriften*”(Januarv 8, 1911), an unpublished collection of sermons in the Archives of the Bruderhof Communities.
4. Bruderhof Communities, eds., *Community Alive Today*, No. 14 (December 1995), 1.
5. Christopher Zimmerman, “A Conversation with Jonathan Kozol,” *Plough* 47 (Spring 1996), 11.
6. Maggie Gallagher, *The Abolition of Marriage*, quoted in John Leo, “Where Marriage Is a Scary Word.” *US News & World Report* (February 5, 1996), 22.
7. Dietrich Bonhoeffer, *Letters and Papers from Prison* (New York: Macmillan, 1973), 42-46.
8. For further discussion of the themes in this chapter, see the author's eBook *Sex, God & Marriage*.
9. Joseph Lucas, *Mutter, forme uns: Ein Buch für Mütter und Erzieherinnen* (Limburg: Lahn Verlag, 1953), 64.
10. Philip Britts, “Presentation of Margaret Ann Wright,” Loma Hoby, December 5, 1948 (Archives of the Bruderhof Communities S-257).
11. Dorothy Day, *Meditations*, selected by Stanley Vishnewski (New York: Newman Press, 1970), 10.
12. Ralph Kinney Bennett, What Kids Need Most in a Dad, *Reader's Digest* (February 1992), 94.







## THE AUTHOR

People have come to expect sound advice from Johann Christoph Arnold, an award-winning author whose recent books on sexuality, marriage, raising children, facing death, forgiving, and finding peace have sold over 300,000 copies in English and have been translated into 19 foreign languages.

In thirty years as a pastor and counselor, Arnold has advised thousands of families and individuals, including the terminally ill, prison inmates, and teenagers. A native of Britain and father of eight grown children, he lives with his wife Verena in upstate New York, where he serves as senior minister for the Bruderhof - an international communal movement dedicated to a life of simplicity, service, and nonviolence. Arnold has been a guest on hundreds of talk shows, and a speaker at numerous colleges and high schools.

An outspoken social critic, Arnold advocates a consistent reverence for life and has worked together with other renowned peacemakers for reconciliation and justice in many of the world's conflict zones. Recent journeys have taken him to Northern Ireland, the Middle East, and Central America - and into schools, hospitals, refugee camps and prisons.